To mask up or not to mask up?

Is it more important to protect yourself, or protecting others? Experts weigh up the pros and cons of discarding anti-Covid facial coverings.

YOGI ARUN

With some conditions around wearing a face mask having been lifted, Dr. Arun says it is at the individual’s discretion whether to wear one or not.

Whichever way you look at it, some may regard the circumstances as a long-overdue ‘freedom’ — such as those who feel mask-wearing restricts their breathing or affects their voice. For others, wearing the mask has become a routine. But few can argue that mask-wearing has been made mandatory. So, is it worth hanging up the mask?

No. In the case of individuals with chronic diseases such as cancer or diabetes, where even a small risk is not tolerable. Posing out that the presence of cyclical and the fifth wave will have a matter of weeks, Dr. Arun says for you to put on his mask condition when he is in a large crowd or public transport.

Someone who chooses to wear a mask as she knows her front door is Johor Bahru-based health worker for Dr. Arun, who says: “The black of Flies I am not sure, but I do not recommend it. The mask needs to be worn any time until it becomes more tolerated.”

BROAD VIEW: Most medical professionals would like to see the use of masks continue to be on the rise. Picture: DZAMAH

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